

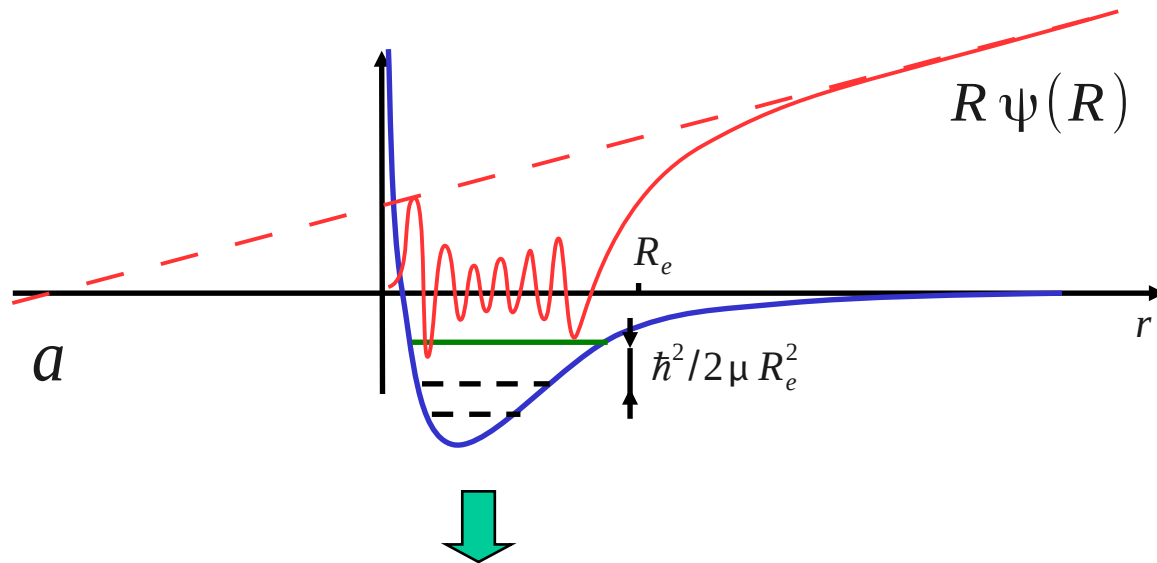
Few-atom problem & quantum Townes solitons

Dmitry Petrov

Laboratoire Physique Théorique et Modèles Statistiques (Orsay)

Introduction to the few-body problem:
Zero-range method and Efimov effect

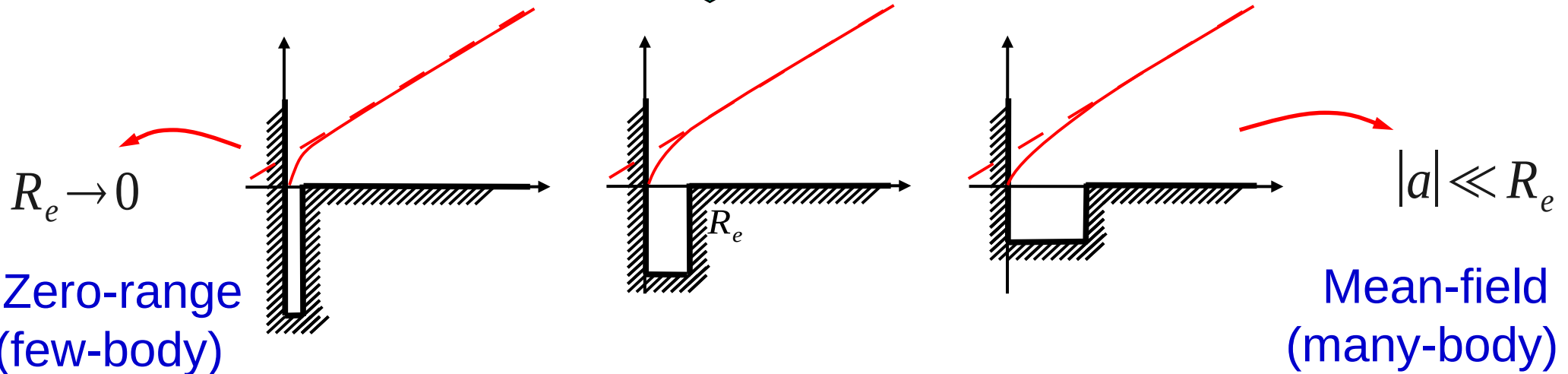
From van der Waals to effective potential



$$R_e \sim 40 \div 100 a_0$$

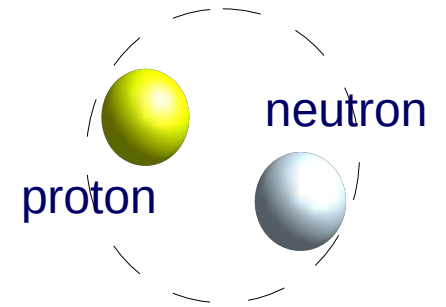
$$1/k \sim 10^4 a_0$$

Replace by equivalent potentials as long as a is the same and $kR_e \ll 1$

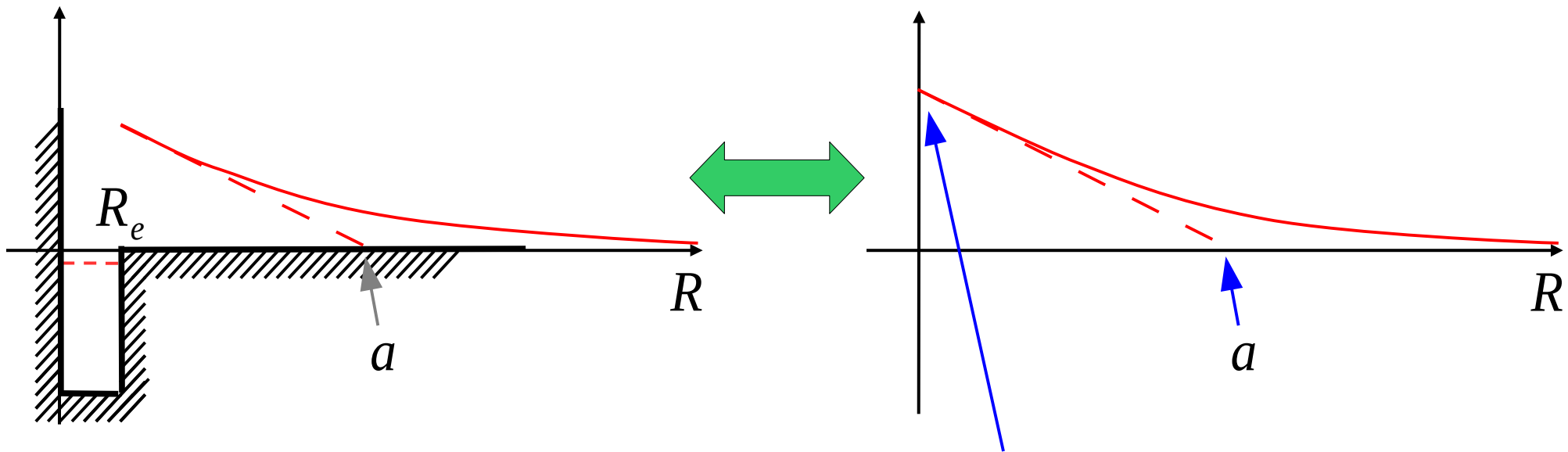


Bethe – Peierls boundary conditions

Bethe and Peierls (1934), “Quantum theory of the dipion”



Diplon (deuteron) is a weakly bound dimer with $R_e \approx 10^{-13}$ cm, $a \approx 4.5 \cdot 10^{-13}$ cm



Bethe-Peierls boundary condition

$$\frac{(R\psi(R))'}{R\psi(R)} = -\frac{1}{a} \iff \psi(R) \underset{R \rightarrow 0}{\rightarrow} C \left(\frac{1}{R} - \frac{1}{a} \right)$$

Ultracold gases + Feshbach resonances

Nuclear matter:

$$R_e \approx 10^{-13} \text{ cm}, \quad a \approx 4.5 \cdot 10^{-13} \text{ cm}$$



Ultracold atoms:

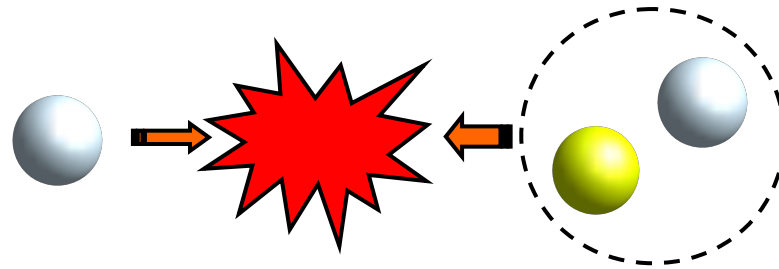
$$R_e \sim 0.5 \cdot 10^{-6} \text{ cm}; \quad \lambda_{dB}, a > 10^{-5} \text{ cm}$$



Golden age of the zero-range
approach!

It becomes quantitative

STM approach, neutron-deuteron scattering



SOVIET PHYSICS JETP

VOLUME 4, NUMBER 5

JUNE, 1957

Three Body Problem for Short Range Forces. I. Scattering of Low Energy Neutrons by Deuterons

G. V. SKORNIAKOV AND K. A. TER-MARTIROSIAN

(Submitted to JETP editor July 23, 1955)

J. Exptl. Theoret. Phys. (U.S.S.R.) 31, 775-790 (November, 1956)

An exact solution is obtained for the three body problem in the limiting case of a vanishingly small radius of action of the forces. In this case, the Schrödinger equation for the system of three particles reduces, for motion with a definite momentum, to an integral equation for a function of a single variable. The solution is used for the calculation of the neutron-deuteron scattering cross section. In the limiting case of zero energy of the neutrons, the theory gives the values $a_{3/2} = 0.51 \times 10^{-12}$ cm, $a_{1/2} = 0.30 \times 10^{-12}$ cm for the scattering amplitudes.

Substituting Eq. (11) in Eq. (10), we get an integral equation for $\chi(\mathbf{k})$:

$$\begin{aligned} & (\alpha - \gamma_k) \chi(\mathbf{k}) \\ & + 8\pi \int \frac{d\mathbf{k}'}{(2\pi)^3} \frac{\chi(\mathbf{k}')}{k^2 + k'^2 + \mathbf{k}\mathbf{k}' - (ME/\hbar^2) - i\tau} = 0. \end{aligned} \tag{12}$$

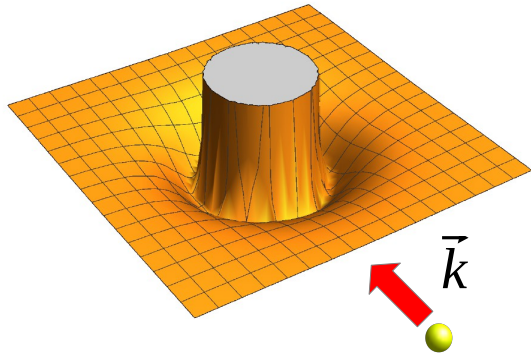
STM equation

The solution of this equation determines the wave function of the system, in accord with Eq. (11). For states with a definite quantity of momentum, Eq. (12) reduces to an equation for a function which depends on one independent variable, which can be solved numerically.

The idea for this consideration of the three body problem was supplied by L. D. Landau. } !

Zero-range method

$$\left[-\nabla_{\vec{r}}^2 + 2\mu U(|\vec{r} - \vec{R}|) - k^2 \right] \psi(\vec{r}) = 0$$



expand in
spherical waves

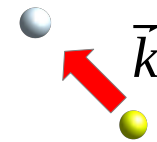


set of 1D radial
equations
etc.

VS.

$$\left[-\nabla_{\vec{r}}^2 - k^2 \right] \psi(\vec{r}) = 0$$

$$\psi(\vec{r}) \rightarrow \frac{1}{|\vec{r} - \vec{R}|} - \frac{1}{a}$$



$$\psi(\vec{r}) = \underbrace{\exp[i\vec{k}(\vec{r} - \vec{R})]}_{\text{Plane wave}} + C \frac{\exp(ik|\vec{r} - \vec{R}|)}{4\pi|\vec{r} - \vec{R}|}$$

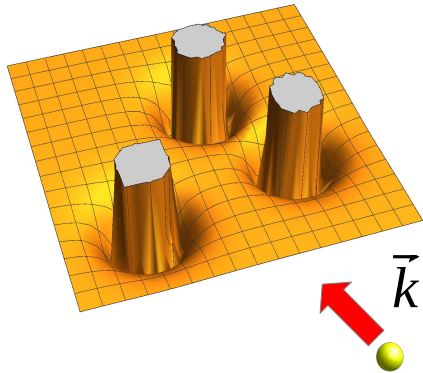
Green's function

The only number that
we need to know

$$C = \frac{4\pi}{-1/a - ik}$$

Zero-range method

$$\left[-\nabla_{\vec{r}}^2 + 2\mu \sum_j U(|\vec{r} - \vec{R}_j|) - k^2 \right] \psi(\vec{r}) = 0$$

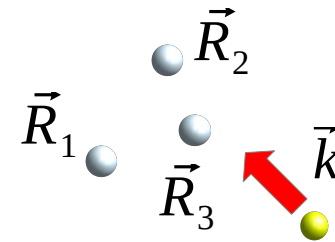


?

VS.

$$\left[-\nabla_{\vec{r}}^2 - k^2 \right] \psi(\vec{r}) = 0$$

$$\psi(\vec{r}) \rightarrow \frac{1}{|\vec{r} - \vec{R}_j|} - \frac{1}{a}$$

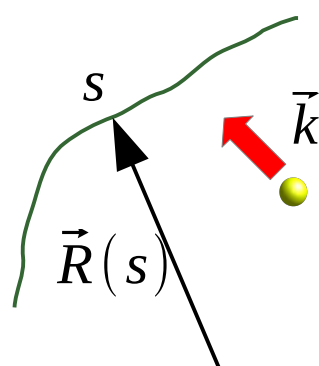


$$\psi(\vec{r}) = \exp[i\vec{k}\vec{r}] + \sum_j C_j \frac{\exp(ik|\vec{r} - \vec{R}_j|)}{4\pi|\vec{r} - \vec{R}_j|}$$



$$\hat{M}_{k,a,\{R_{ij}\}} \begin{pmatrix} \vdots \\ C_j \\ \vdots \end{pmatrix} = \begin{pmatrix} \vdots \\ e^{i\vec{k}\vec{R}_j} \\ \vdots \end{pmatrix}$$

Scattering by a curve or hypersurface → STM



Helmholtz equation

$$\left[-\nabla_{\vec{r}}^2 - k^2\right]\psi(\vec{r}) = 0$$

+ a boundary condition on the curve

$$\psi(\vec{r}) = \exp[i\vec{k}\vec{r}] + \int ds C(s) \frac{\exp(ik|\vec{r} - \vec{R}(s)|)}{4\pi|\vec{r} - \vec{R}(s)|}$$

$$\int ds K(s, s') C(s') = F(s) \quad \leftarrow \text{Fredholm equation (1 dimensional)}$$

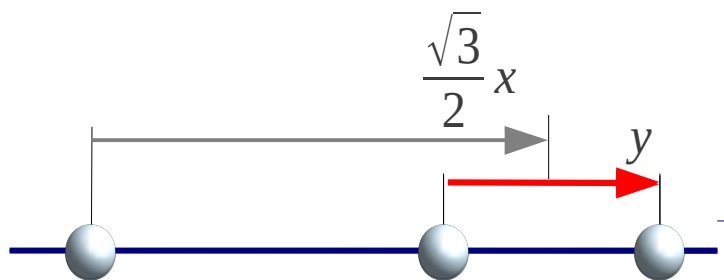
3D 3-body scattering = 6D 1-body scattering by a 3D hyperspace

6D Schroedinger equation

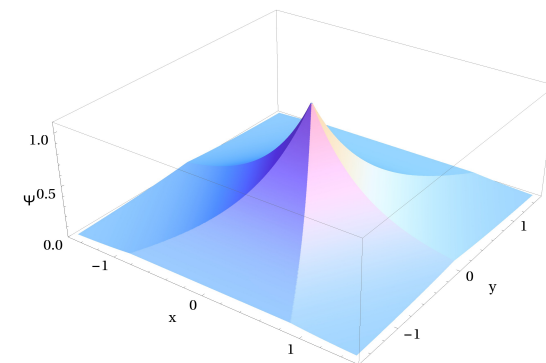
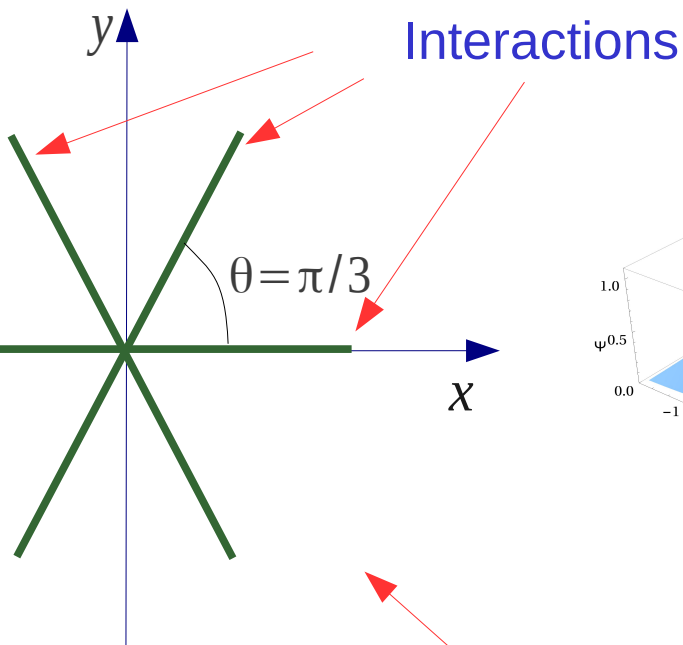
3D Fredholm equation (STM)

Examples

3 one-dimensional bosons :

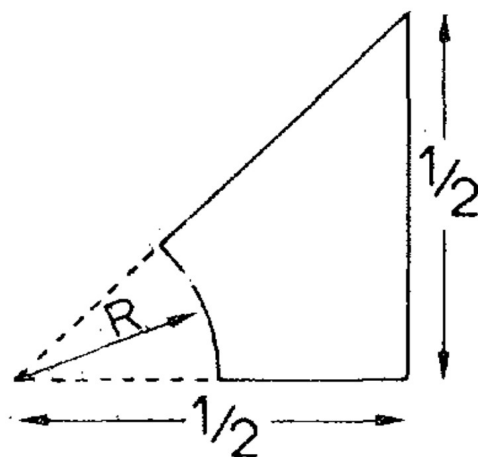
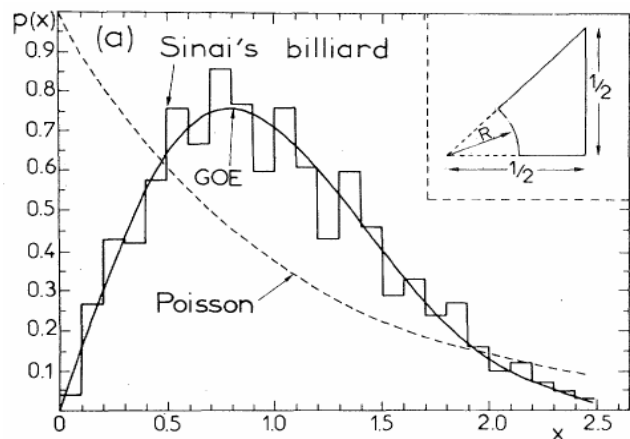


$$(-\partial^2/\partial x^2 - \partial^2/\partial y^2 - mE)\psi(\rho) = 0$$



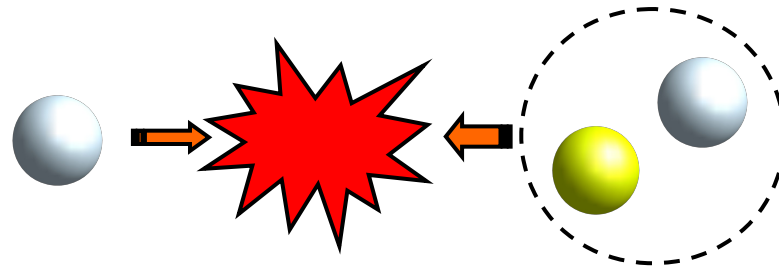
$$\int ds K(s, s') C(s') = F(s)$$

Sinai billiard [Bohigas, Giannoni, Schmit'1984]:



Is zero-range model sufficient for three atoms?
Is a sufficient?

STM approach, neutron-deuteron scattering



SOVIET PHYSICS JETP

VOLUME 4, NUMBER 5

JUNE, 1957

Three Body Problem for Short Range Forces. I. Scattering of Low Energy Neutrons by Deuterons

G. V. SKORNIAKOV AND K. A. TER-MARTIROSIAN

(Submitted to JETP editor July 23, 1955)

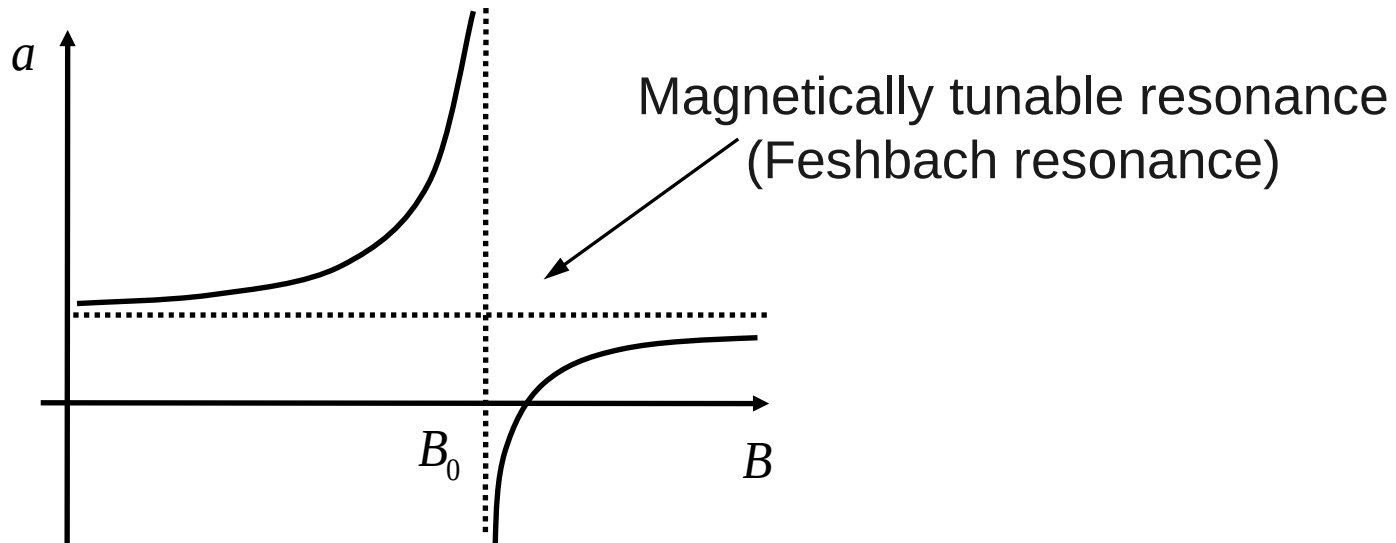
J. Exptl. Theoret. Phys. (U.S.S.R.) 31, 775-790 (November, 1956)

An exact solution is obtained for the three body problem in the limiting case of a vanishingly small radius of action of the forces. In this case, the Schrödinger equation for the system of three particles reduces, for motion with a definite momentum, to an integral equation for a function of a single variable. The solution is used for the calculation of the neutron-deuteron scattering cross section. In the limiting case of zero energy of the neutrons, the theory gives the values $a_{3/2} = 0.51 \times 10^{-12}$ cm, $a_{1/2} = 0.30 \times 10^{-12}$ cm for the scattering amplitudes.

Correct

Wrong [Danilov'1961]

Ultracold gas with large scattering strength



BEC & large a



Collapse and inelastic losses.
Very short lifetime ☹️

^{23}Na (MIT), ^{85}Rb (JILA), ^{87}Rb (MPQ), ^7Li (Rice), ^{135}Cs (Innsbruck)

Deg. Fermi gas & large a



No collapse & long lifetime 😊

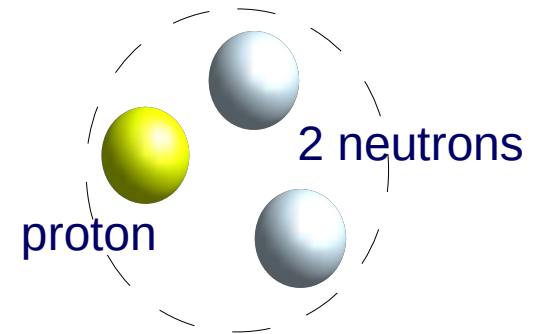
^{40}K (JILA), ^6Li (Duke, MIT, ENS, Innsbruck, Rice)

What is the difference?

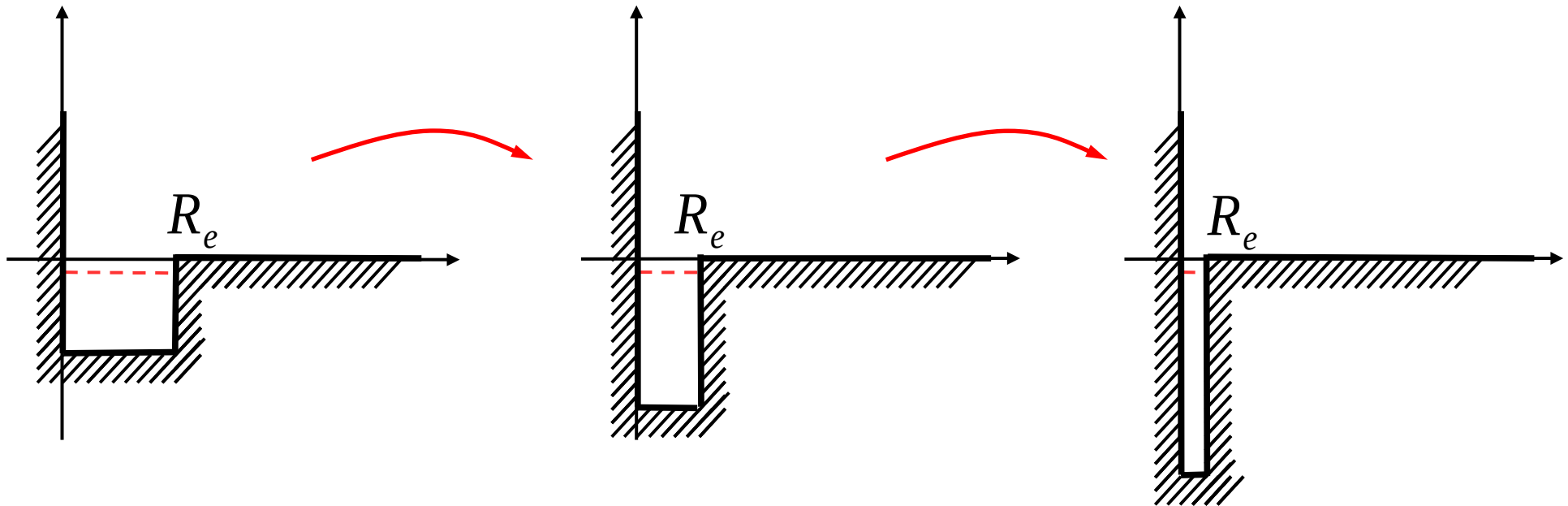
Efimovian vs nonEfimovian regimes

Thomas effect

Thomas (1935), "The interaction between a neutron and a proton and the structure of ^3H "



Decrease the range of the proton-neutron potential keeping their binding energy constant



The trimer binding energy tends to infinity!



Thomas effect or Thomas collapse

Example: three ^4He atoms form much deeper bound molecule than two ^4He atoms

Borromean binding

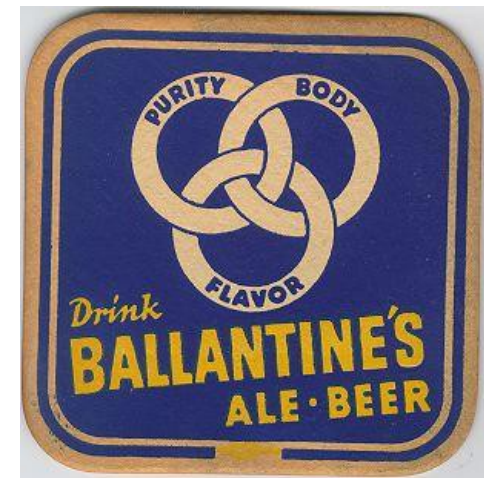
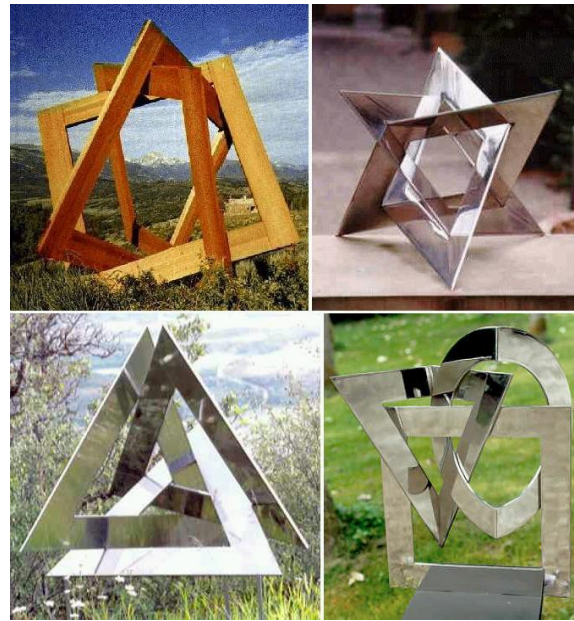
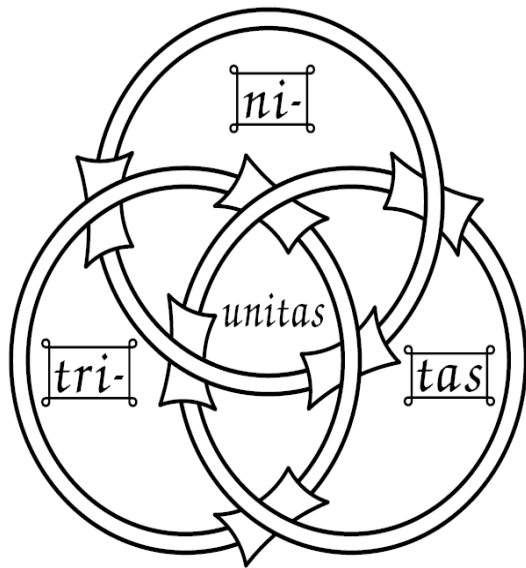


Borromean rings – symbol of strength in unity.
Remove one ring and the other two fall apart

The symbol is used in a number of other applications

Borromean sculptures (John Robinson)

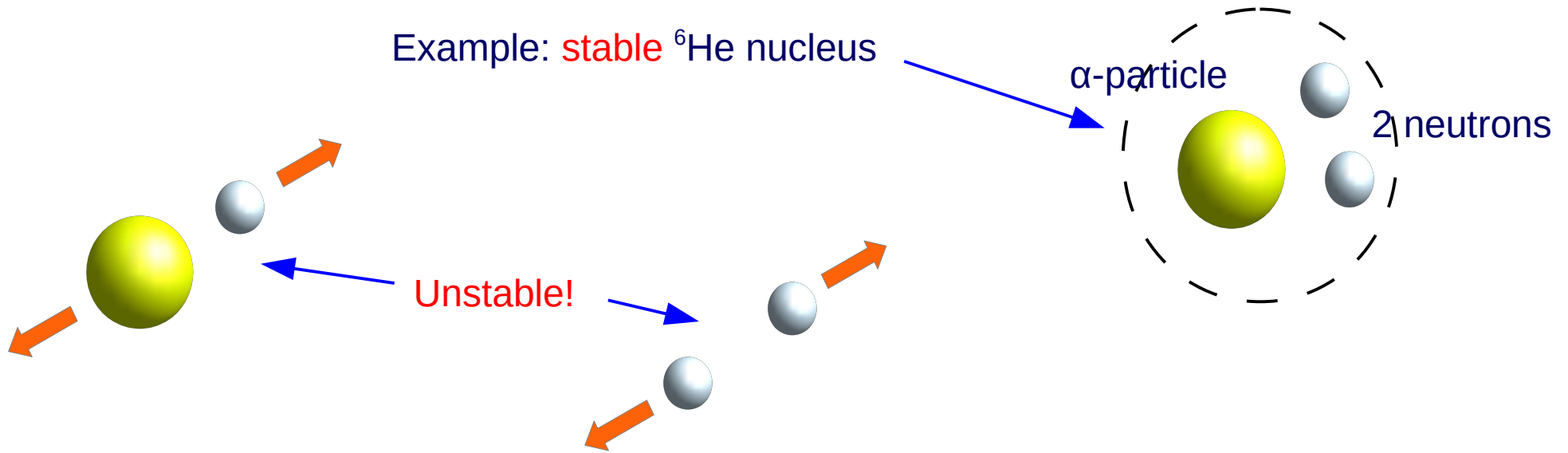
Christian Trinity



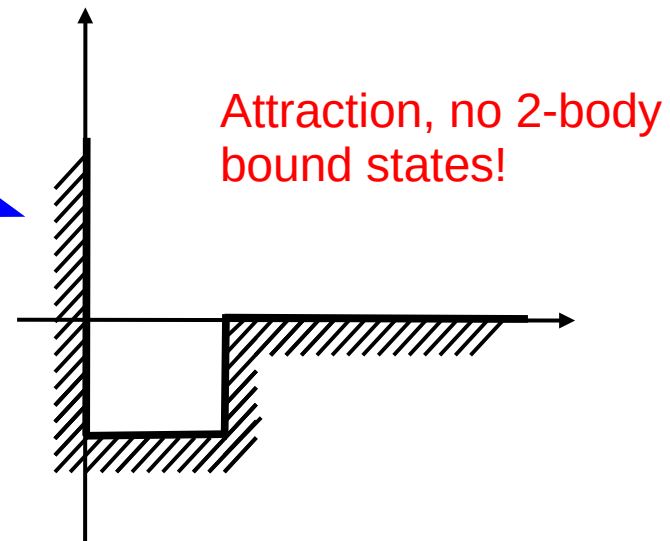
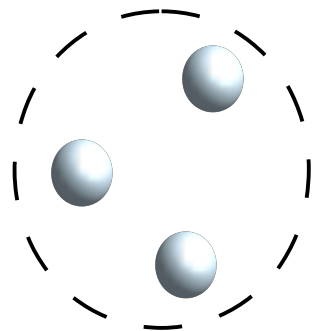
Borromean binding

... in nuclear physics (see halo nuclei, neutron-rich nuclei)

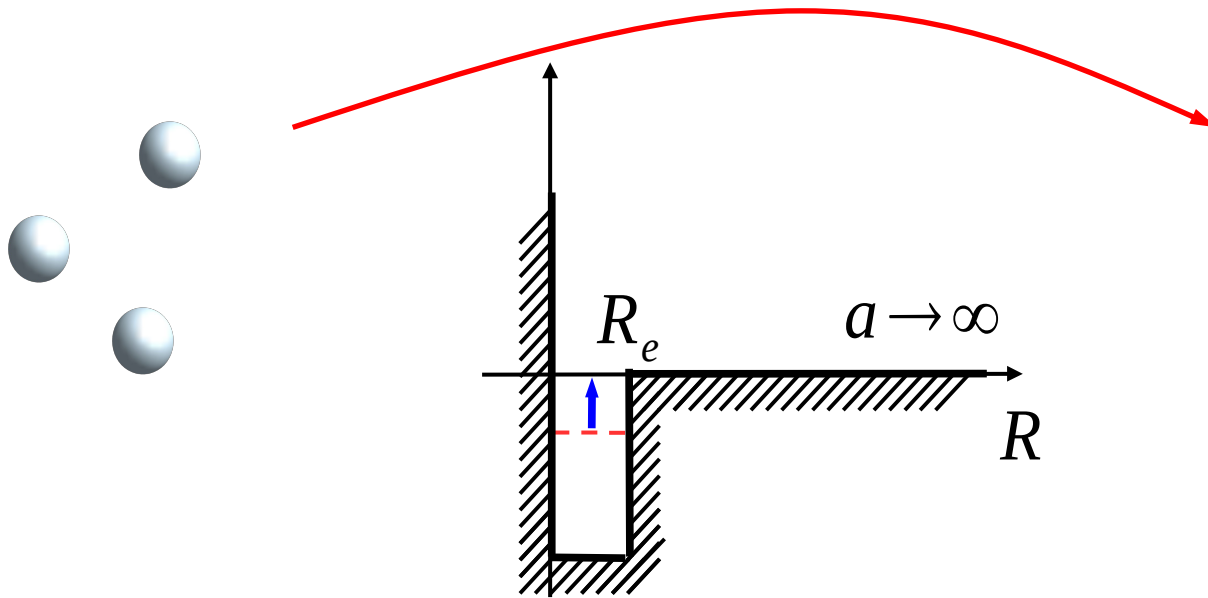
Example: **stable** ${}^6\text{He}$ nucleus



Not a big surprise. Three bosons attracting each other via this potential could form a trimer state



Efimov effect



Efimov (1970) found that the number of trimer states

$$N_{tr} \sim \frac{s_0}{\pi} \log(|a|/R_e) \rightarrow \infty$$

with the accumulation point at

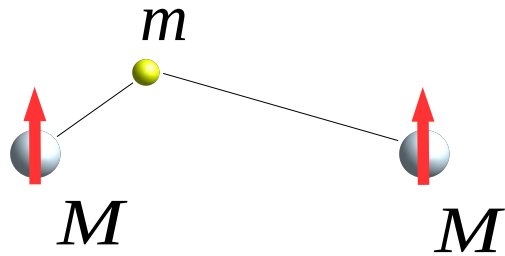
$$E = 0$$

Efimov state – weakly bound trimer state

Discrete scaling symmetry: three-body observables depend on R_e , but if $R'_e = R_e \exp(\pm \pi / s_0)$, they do not change

For three identical bosons $s_0 \approx 1.00624$ This number depends on the symmetry (Fermi, Bose) and on the masses of particles

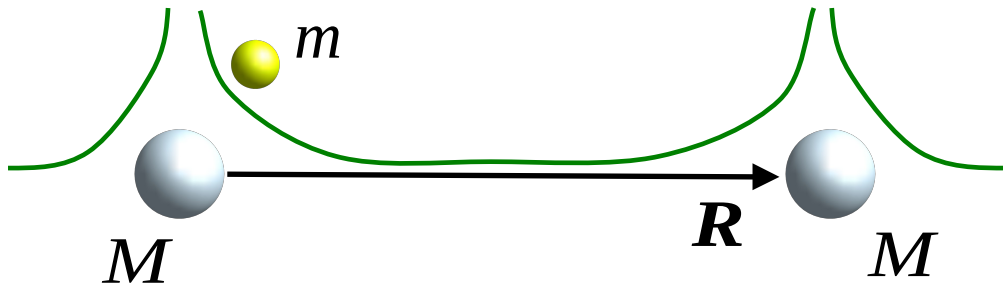
(2+1)-body problem



Heavy bosons \rightarrow Efimovian system

Heavy fermions \rightarrow non-Efimovian-to-Efimovian transition for $M/m \sim 13$ [Efimov'1973]

Born-Oppenheimer approximation



Effective interaction between heavy atoms is provided by exchange of the fast light particle.
Born-Oppenheimer approximation
 [Fonseca, Redish, Shanley'1979].

Light atom wavefunction:
$$\psi(\mathbf{r}) = \frac{\exp(-\kappa|\mathbf{r} - \mathbf{R}/2|)}{|\mathbf{r} - \mathbf{R}/2|} + \frac{\exp(-\kappa|\mathbf{r} + \mathbf{R}/2|)}{|\mathbf{r} + \mathbf{R}/2|}$$

Bethe-Peierls boundary condition gives:
$$\frac{1}{a} - \kappa + \frac{\exp(-\kappa R)}{R} = 0$$

$$R \ll a \quad \Rightarrow \quad \kappa \approx \frac{0.567}{R}$$



$$U_{\text{eff}}(R) = -\frac{\hbar^2 \kappa^2}{2m} \approx -0.16 \frac{\hbar^2}{m R^2}$$

$$R \gg a \quad \Rightarrow \quad \kappa \approx \frac{1}{a}$$



$$U_{\text{eff}}(R) \approx -\frac{\hbar^2}{2ma^2} = -|\epsilon_0|$$

$$\left[-\frac{\hbar^2}{M} \frac{\partial^2}{\partial R^2} + \tilde{U}_{eff}(R) \right] \chi(R) = E \chi(R)$$

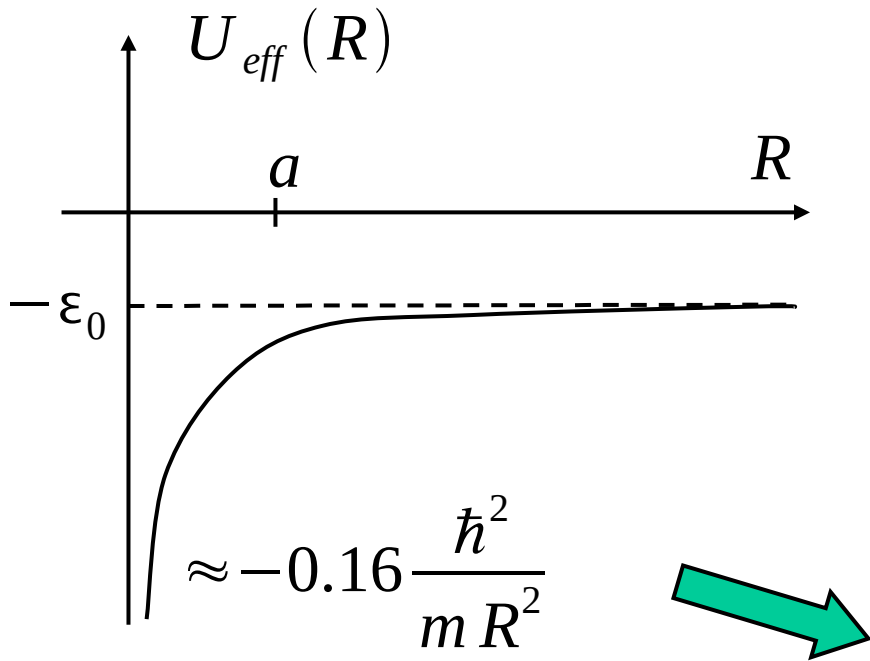
Solving the Schrödinger equation for the heavy atoms we take into account their statistics:

$$\tilde{U}_{eff}(R) \approx U_{eff} + \frac{\hbar^2 l(l+1)}{MR^2}$$

Heavy fermions $\Rightarrow l=1,3,5\dots$

Heavy bosons $\Rightarrow l=0,2,4\dots$

$$\tilde{U}_{eff}(R) \approx \frac{\hbar^2}{MR^2} \underbrace{\left(l(l+1) - 0.16 \frac{M}{m} \right)}_{\beta}$$



$$\approx -0.16 \frac{\hbar^2}{m R^2}$$

$$R \ll a, E=0 \Rightarrow (-\partial^2/\partial R^2 + \beta/R^2) \chi(R) = 0$$

$$\chi(R) = R^\nu \quad \nu_{\pm} = 1/2 \pm \sqrt{\beta + 1/4}$$

Efimovian vs non-Efimovian regimes

$$R \ll a, E=0 \quad \longrightarrow \quad (-\partial^2/\partial R^2 + \beta/R^2)\chi(R)=0$$

$$\chi(R) \propto R^{\nu} \quad \nu_{\pm} = 1/2 \pm \sqrt{\beta + 1/4}$$

$$\beta = l(l+1) - 0.16 \frac{M}{m}$$

$$\text{Identical fermions} \quad \longrightarrow \quad l=1 \quad \longrightarrow \quad \tilde{U}_{\text{eff}}(R) \approx \frac{\hbar^2}{MR^2} \left(2 - 0.16 \frac{M}{m} \right)$$

$$M/m < 13.6 \quad \longrightarrow \quad \beta > -1/4$$

$$M/m > 13.6 \quad \longrightarrow \quad \beta < -1/4$$

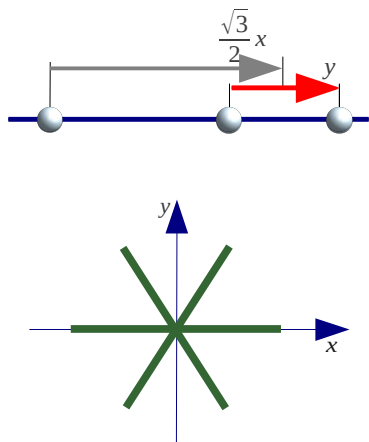
$$\chi(R) \propto R^{\nu_+}$$

$$\chi(R) \propto \sqrt{R} \sin(s_0 \log R/R_0), \quad s_0 = \sqrt{-1/4 - \beta}$$

Unique wavefunction without zeros
 \longrightarrow no Efimov states. Centrifugal barrier is stronger than the induced attraction. **Non-Efimovian case**

“Fall of a particle to the center in R^{-2} potential”. Infinite number of zeros of the wavefunction. Infinite number of trimer states. **Efimovian case**

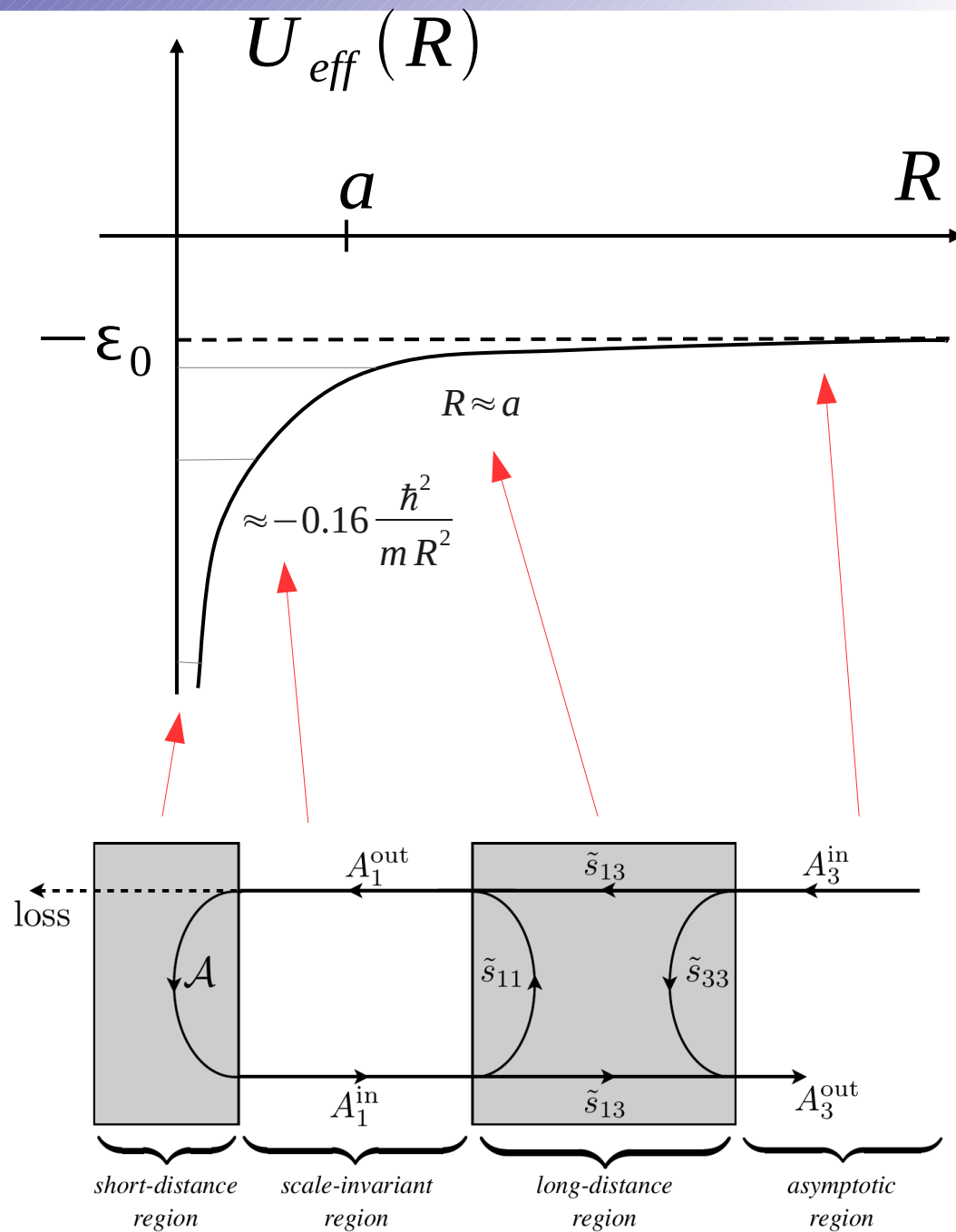
Efimov radial law and Fabri-Perot interferometer



R - hyperradius

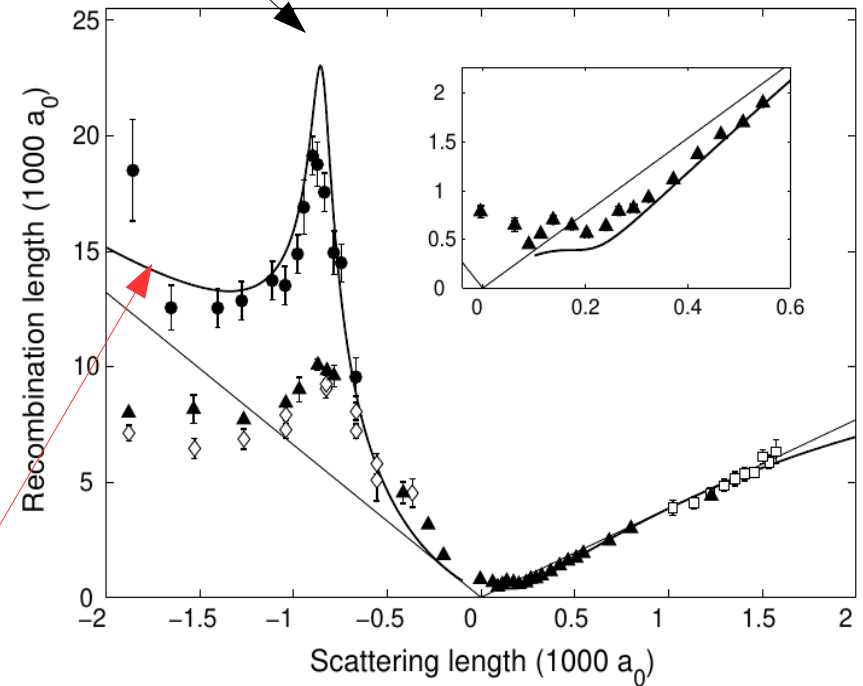
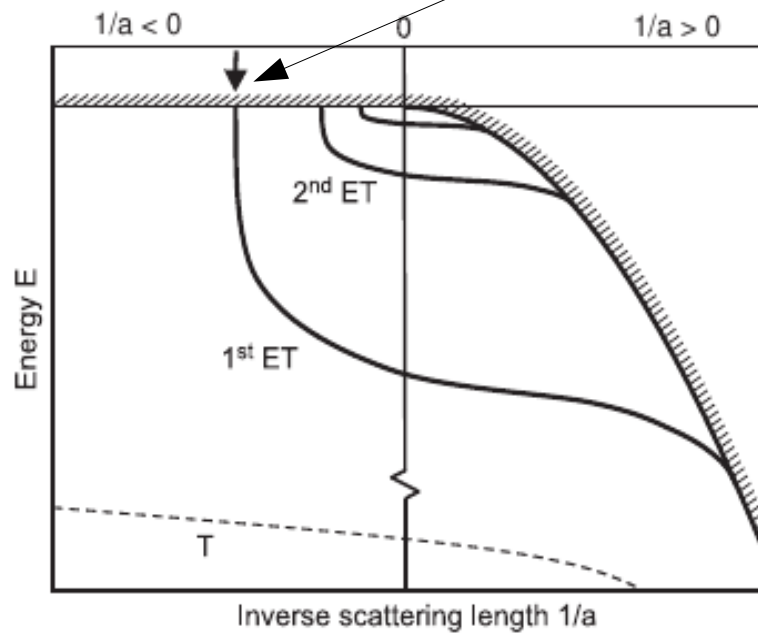


Efimov radial law
[Efimov'79, Braaten & Hammer'06]



First observation of Efimov trimer in Cs [Kraemer et al.'2006]

Efimov loss resonance



$T=0$ universal theory [Braaten&Hammer'2006]
Fitting parameters - real and imaginary parts of R_0

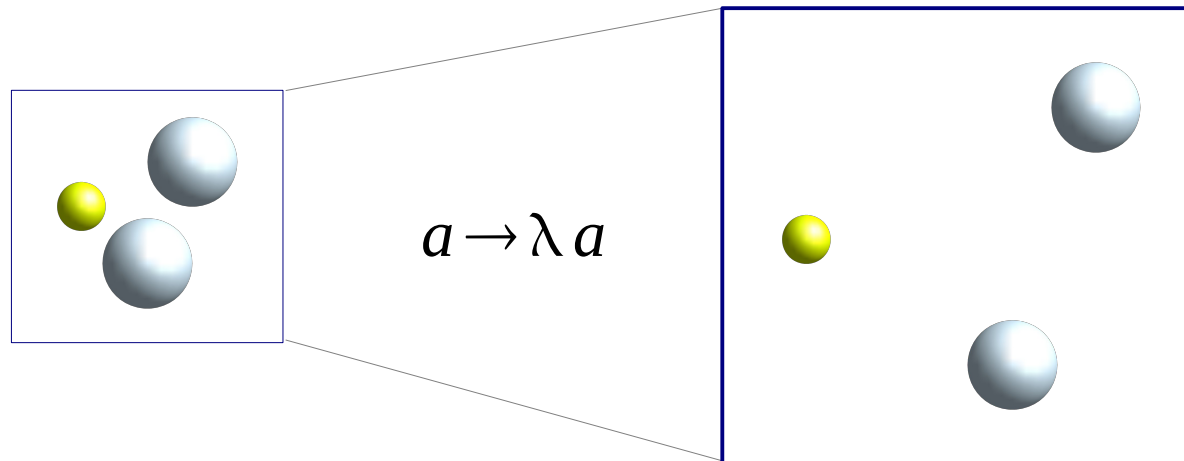
Efimov effect. Discrete scaling symmetry

$$\beta = \left(l(l+1) - 0.16 \frac{M}{m} \right) < -1/4 \Rightarrow \nu_{\pm} = 1/2 \pm i s_0 \Rightarrow \chi(R) \propto \sqrt{R} \sin(s_0 \log R/R_0)$$

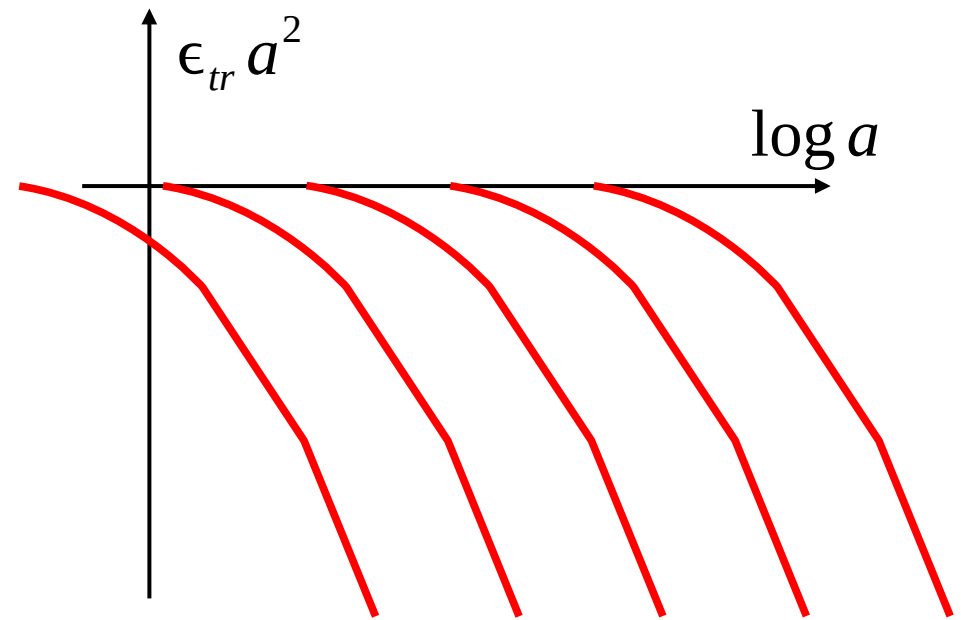
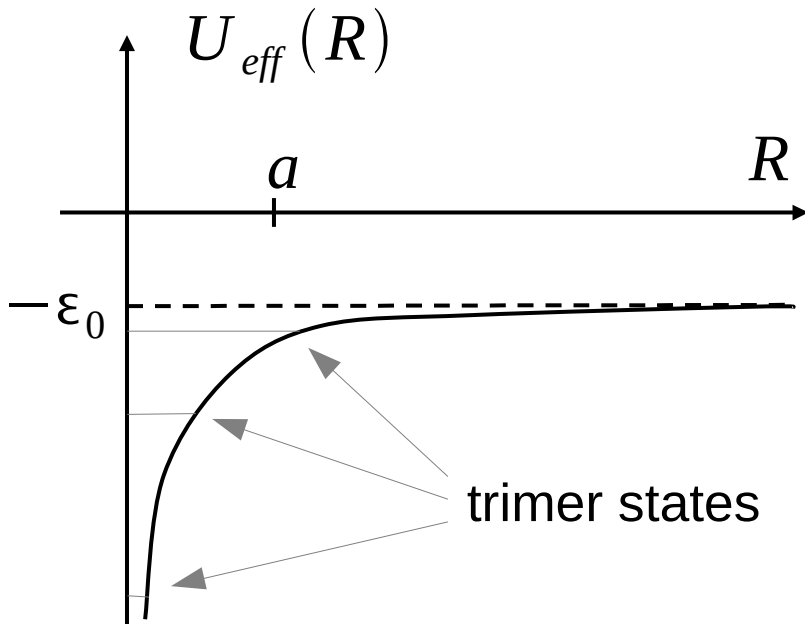
“Fall of a particle to the center in R^{-2} potential”. Infinite number of zeros of the wavefunction. Infinite number of trimer states. **Efimov effect**

Discrete scaling symmetry.
Multiplicative factor $\lambda = \exp(\pi/s_0)$

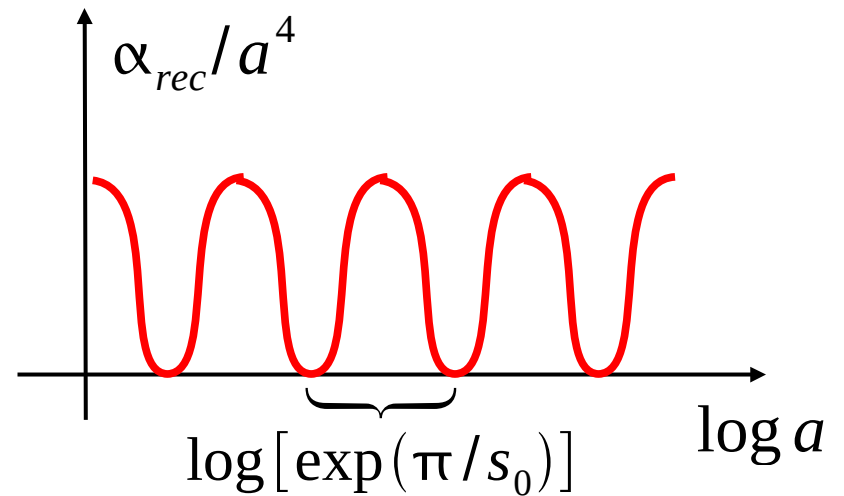
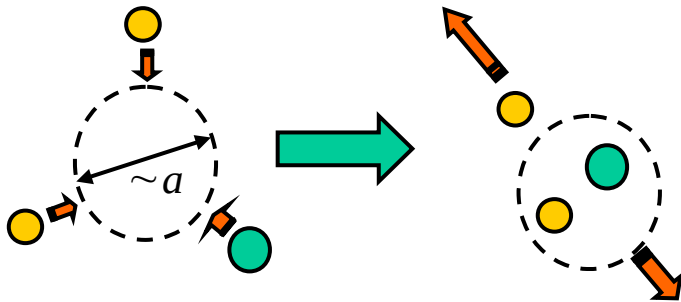
$$\chi(\lambda R) \propto \chi(R)$$



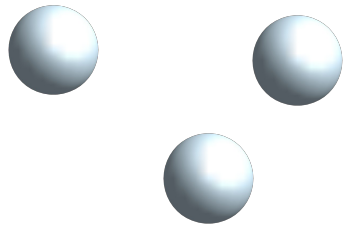
Manifestation of discrete scaling symmetry



3-body recombination



Observation of discrete scaling symmetry



Cs-Cs-Cs, K-K-K, Li-Li-Li

Innsbruck, Florence, Heidelberg,
PennState, Rice, Ramat Gan



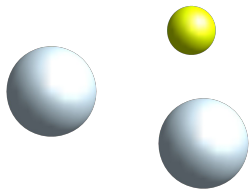
$$\lambda \approx 23$$

Rb-Rb-K

Florence, JILA



$$\lambda \approx 120$$



Rb-Rb-Li and Yb-Yb-Li

Cs-Cs-Li



$$\lambda \approx 7$$

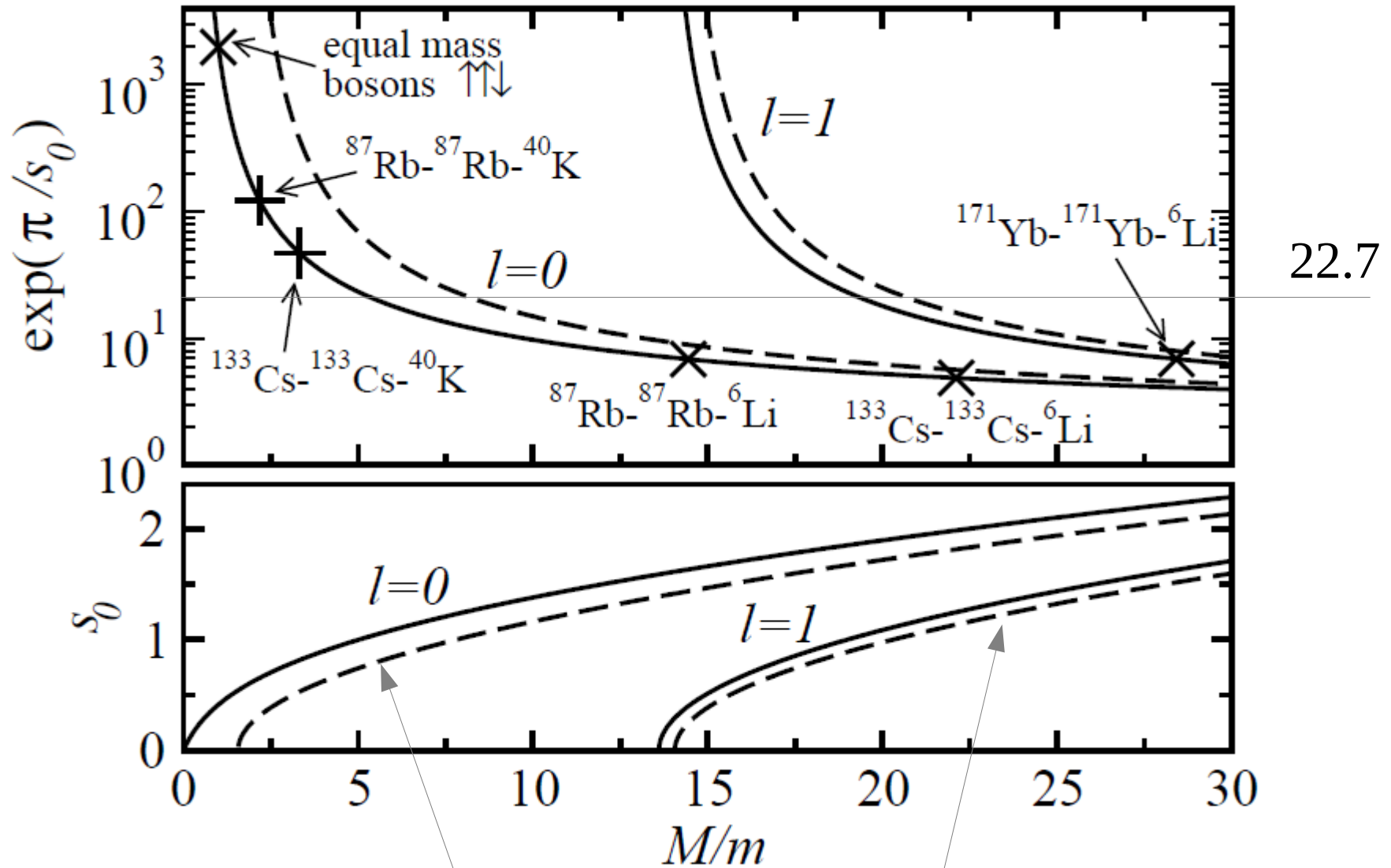


$$\lambda \approx 5$$



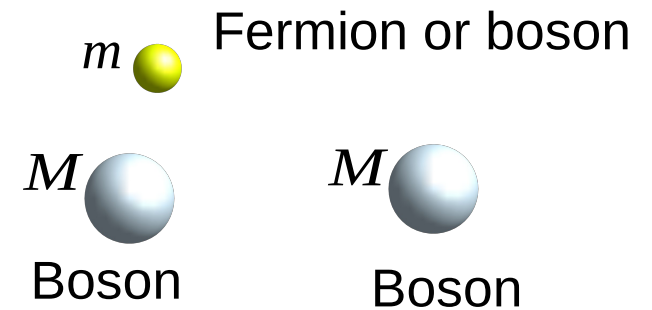
Direct measurements of 3-body observables (energies of Efimov states,
3-body recombination, atom-dimer scattering amplitude)

Values of s_0 and the scaling parameter $\lambda = \exp(\pi/s_0)$



$$s_0(BO) = \sqrt{-\beta - 1/4} = \sqrt{-l(l+1) + 0.16 M/m - 1/4}$$

Recombination loss rates in a cold mixture:



Rate constant for three-body recombination to a weakly bound molecular level

$$\alpha_s = C(M/m) \frac{\sin^2[s_0 \log(a/a_{0*})] + \sinh^2 \eta_*}{\sinh^2(\pi s_0 + \eta_*) + \cos^2[s_0 \log(a/a_{0*})]} \frac{\hbar a^4}{m}$$

... and to deeply bound states

$$\alpha_d(a > 0) = C(M/m) \frac{\coth(\pi s_0) \sinh(\eta_*) \cosh(\eta_*)}{\sinh^2(\pi s_0 + \eta_*) + \cos^2[s_0 \log(a/a_{0*})]} \frac{\hbar a^4}{m}$$

$$\alpha_d(a < 0) = C(M/m) \frac{\coth(\pi s_0) \sinh(\eta_*) \cosh(\eta_*)}{\sinh^2 \eta_* + \cos^2[s_0 \log(|a|/a_{0*})]} \frac{\hbar a^4}{m}$$

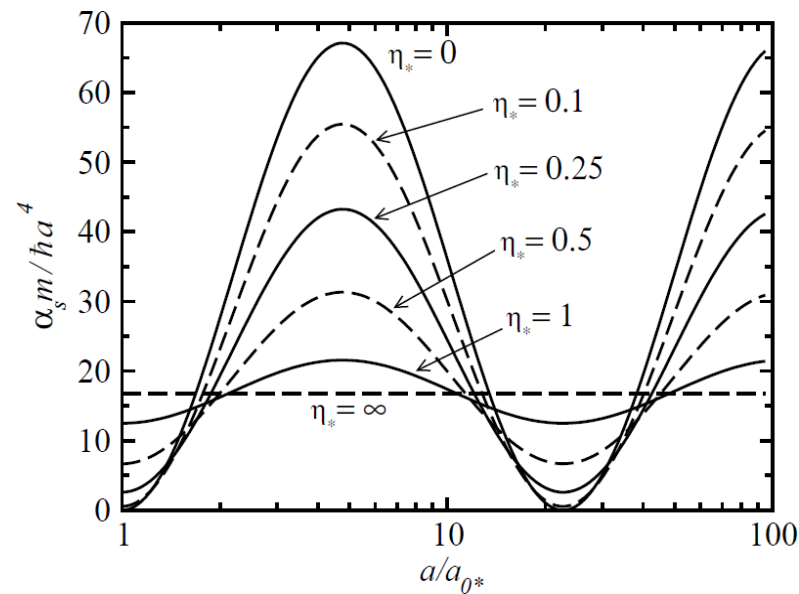
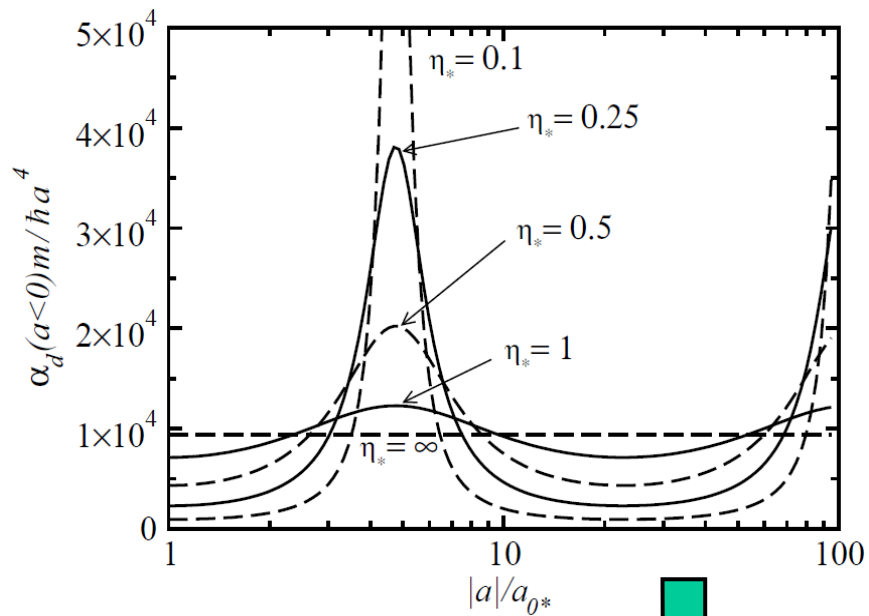
where

$$C(M/m) = 64 \left[\left(\frac{M+m}{M} \right)^2 \arcsin \left(\frac{M}{M+m} \right) - \frac{\sqrt{m(2M+m)}}{M} \right]$$

η_* - (in)elasticity parameter
 a_{0*} - the value of a where $\alpha_s(a)$ reaches its minimum

Recombination maxima symmetric with respect to the resonance center!

Helfrich, Hammer, Petrov,
PRA 81, 042715 (2010)

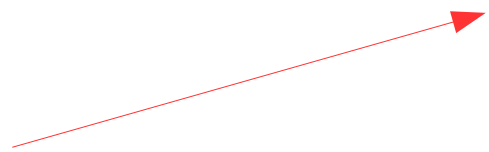
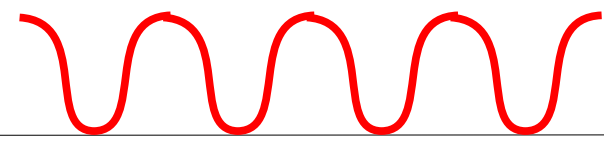
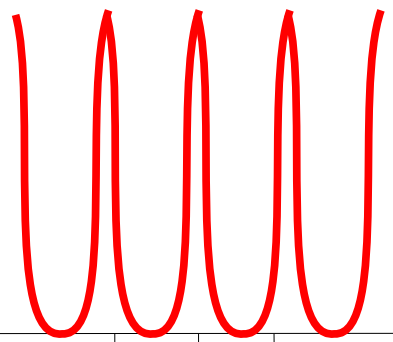


$\log(1/|a|)$

$\log(1/a)$

$\log(|E|)$

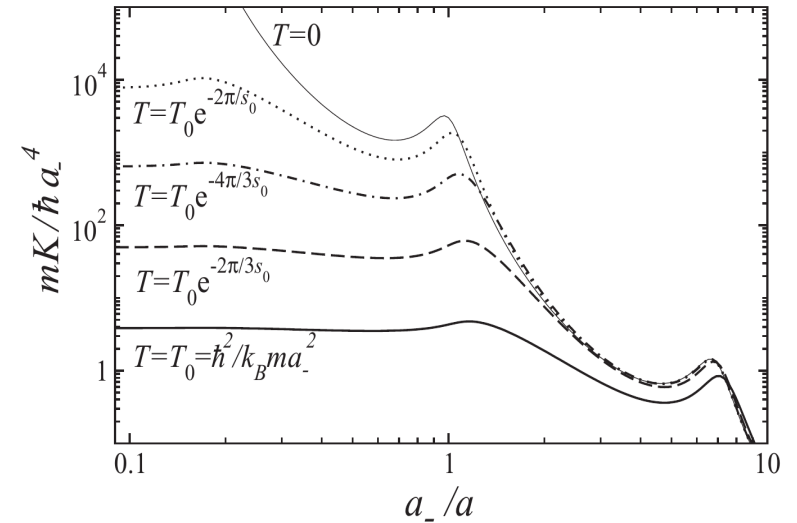
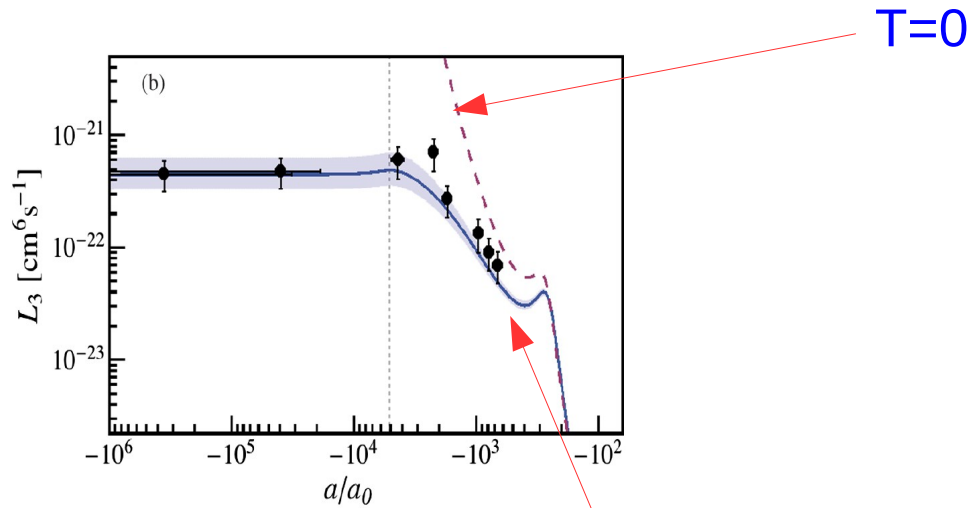
Efimov trimers
(Efimov scenario)



Finite-temperature effects

ENS ^7Li experiment [Rem et al.'2013]

Rb-Rb-Li theory [Petrov&Werner'2015]



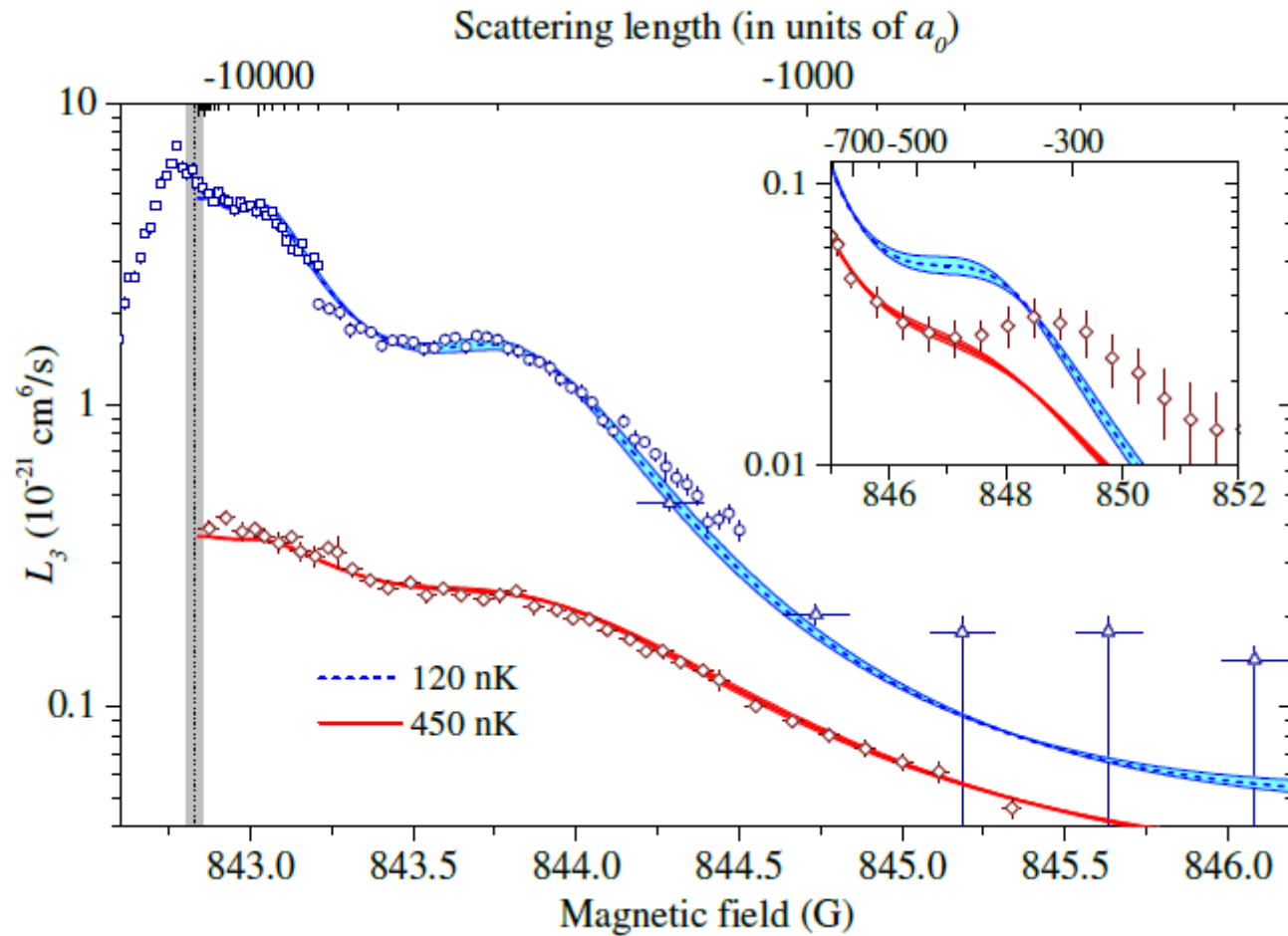
Finite T :
saturation when

$$|a| > \lambda_{dB}$$

$$L_3 \propto a^4 \rightarrow L_3 \propto \lambda_{dB}^4$$

Cs-Cs-Li loss rate constant

with Werner (theory), Ulmanis, Haefner, Pires, Kuhnle, Weidemueller (exp) (2015)

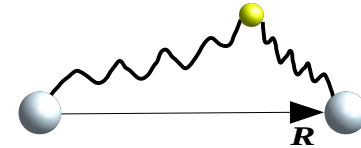


Tuning the three-body parameter(s)?

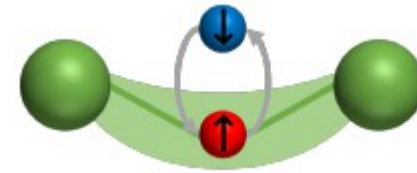
Ultra-cold atoms for modeling nuclei (need to switch off losses !)

Tune the three-body and (in)elasticity parameter (shielding?)

- Floquet drive of a [Sykes,Landa,Petrov'2017]



- RF drive [Zulli,Mulkerin,Parish,Levinsen'2025]



- vdW+dipole-dipole (Dy, Er with Li ?) [Oi,Naidon,Endo'2024]

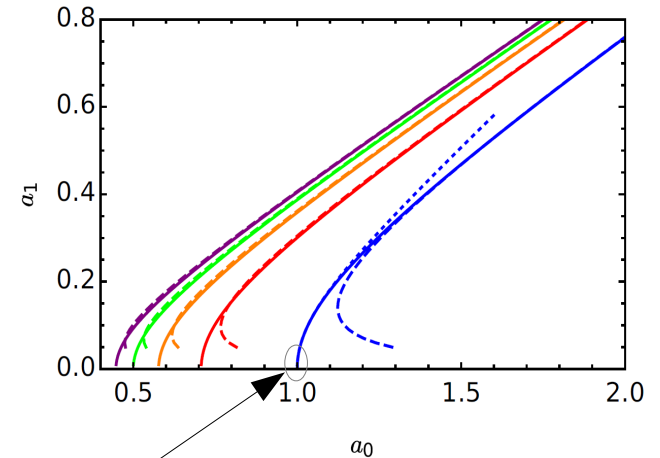
- ?

Single-frequency drive [Sykes,Landa,Petrov'17]

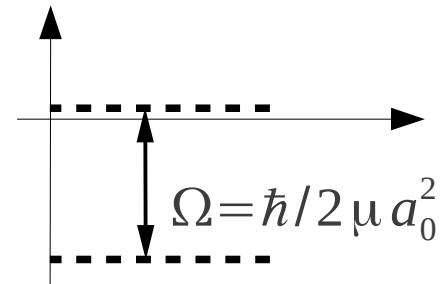
$$\lim_{r \rightarrow 0} \frac{\partial_r [r \psi]}{r \psi} = -\frac{1}{a(t)} \leftarrow a(t) = a_0 + 2a_1 \cos t$$



recurrence relations for f_n \rightarrow find a_0 and a_1 \rightarrow where $a_{\text{eff}} = \infty$



Small-amplitude drive resonant with the energy of the weakly-bound state (Hudson Smith'15)



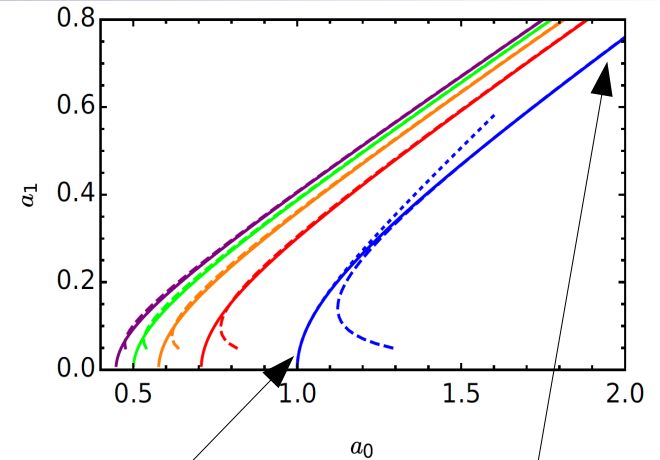
Behavior close to resonance [Sykes,Landa,Petrov'17]

i.e., for small collision energy $\omega = k^2$ and $\delta a_0 = a_0 - a_0^{\text{res}}$

$$f_0 = -\frac{1}{1/a_{\text{eff}} + R^* \omega + i\sqrt{\omega}}$$

$$a_{\text{eff}} = -a_1^2 |\phi_{-1}^{(\nu)}|^2 / \delta a_0$$

$$R^* = \frac{\sum_{n=1}^{\infty} n^{-3/2} |\phi_{-n}^{(\nu)}|^2}{2a_1^2 |\phi_{-1}^{(\nu)}|^2}$$



$$\begin{aligned} a_{\text{eff}} &\approx -a_1^2 / \delta a_0 \\ R^* &\approx 1/2a_1^2 \end{aligned}$$

NARROW

$$\begin{aligned} a_{\text{eff}} &\sim -1 / \delta a_0 \\ R^* &= 1/a_1 \end{aligned}$$

WIDE

Inelastic contribution appears in the second order

$$f_0 = -\frac{1}{1/a_{\text{eff}} + R^* \omega + iC(1/a_{\text{eff}} + R^* \omega)^2 + i\sqrt{\omega}}$$

$\delta = 2$ for $a_1 \ll 1$
 $\delta = 5/3$ for $a_1 \gg 1$

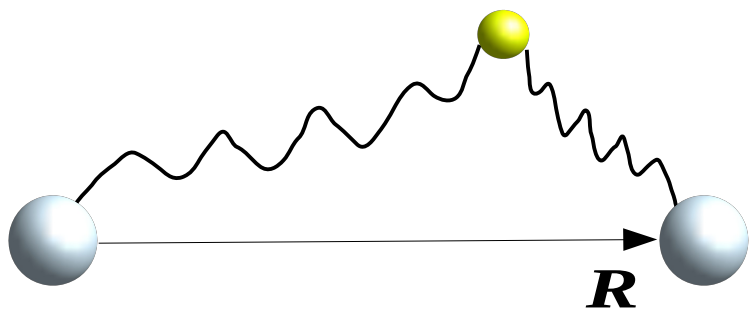
On resonance $a_{\text{eff}} = \infty$ but at finite $\omega = k^2 \Rightarrow \sigma_r(k)/\sigma_e(k) \sim (k L_\Omega)^3 (L_\Omega/a_1)^\delta$

cf. (inelastic three-body rate)/(elastic two-body rate) \propto density/ k^3

Two-body inelastic loss is not going to be the main issue!

Heavy-heavy-light problem [Sykes,Landa,Petrov'17]

Floquet-resonant heavy-light interaction, i.e., a_0 and a_1 on the two-body resonance



$$\psi(\mathbf{r}, t) = \sum_{n \in \mathbb{Z}} f_n \sum_{\pm} \frac{\exp [ik_n |\mathbf{r} \pm \mathbf{R}/2| - i\omega_n t]}{|\mathbf{r} \pm \mathbf{R}/2|}$$

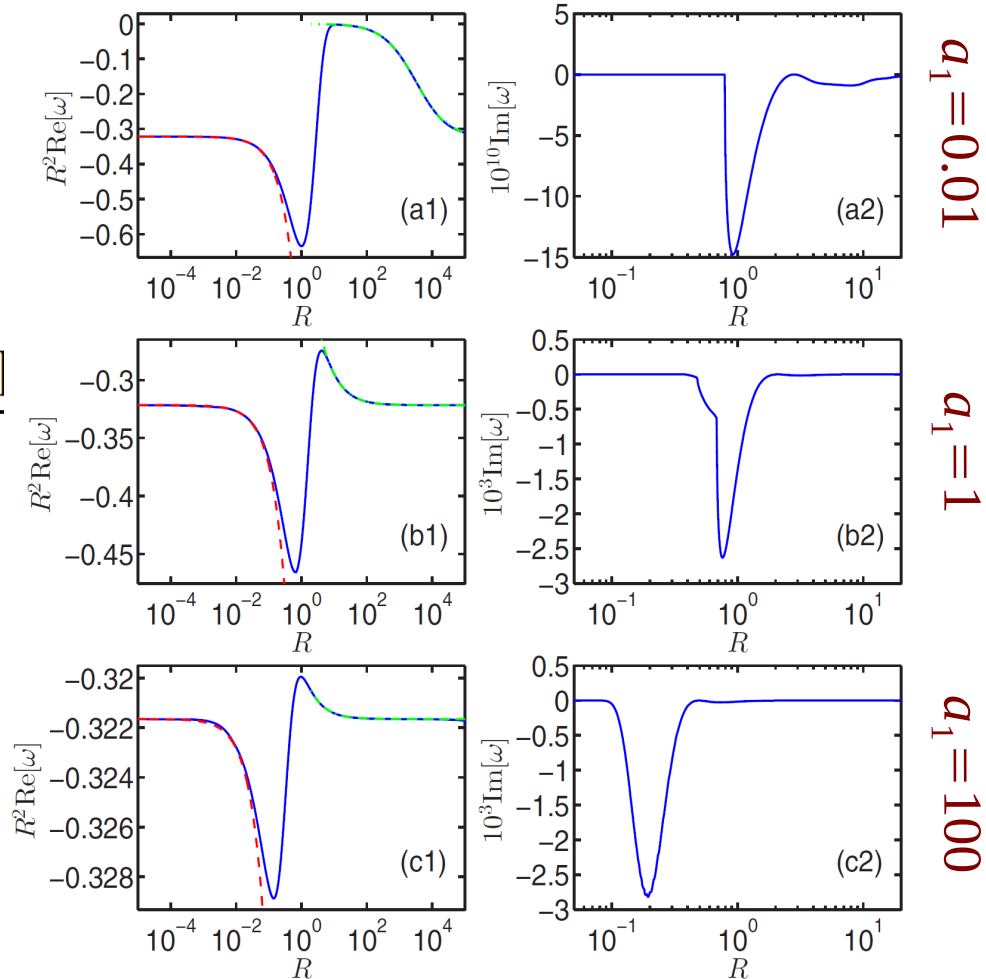
boundary conditions for $r \pm R/2 \rightarrow 0$



recurrence relations for f_n



effective potential $\omega(R)$



Heavy-particle wave function [Sykes,Landa,Petrov'17]

$$\left[-\frac{\partial^2}{\partial R^2} + \frac{l(l+1)}{R^2} + \frac{M}{2m}\omega(R) \right] \chi_l(R) = \frac{M}{2m} E \chi_l(R)$$



$$z = \ln R$$

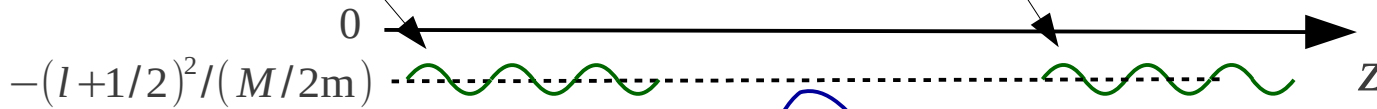
$$\chi_l(R) = \exp(z/2)\Phi_l(z)$$

$$-\frac{1}{M/2m}\Phi_l''(z) + e^{2z}\omega(e^z)\Phi_l(z) = -\frac{(l+1/2)^2}{M/2m}\Phi_l(z)$$

$$\Phi_l \propto e^{-\eta + is_0 z + i\phi} - e^{\eta - is_0 z - i\phi}$$

$$\Phi_l \propto e^{-\eta_d + is_0 z + i\phi_d} - e^{\eta_d - is_0 z - i\phi_d}$$

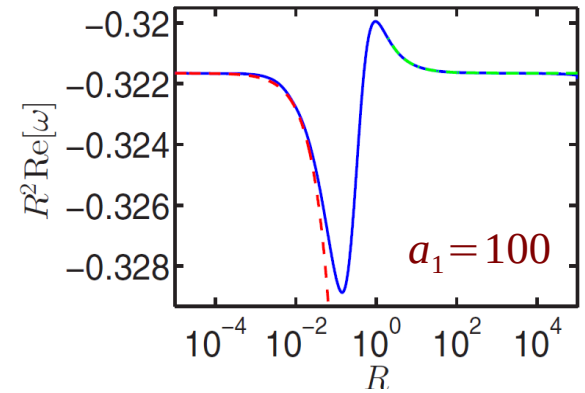
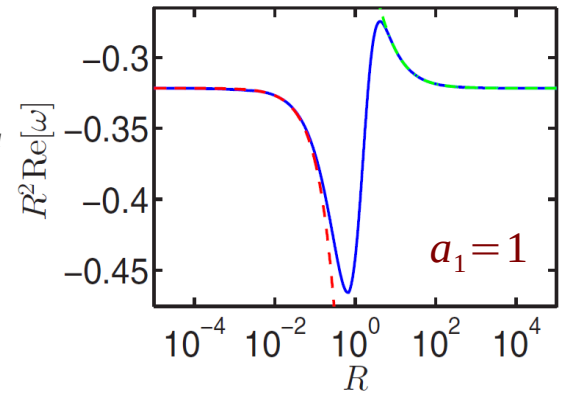
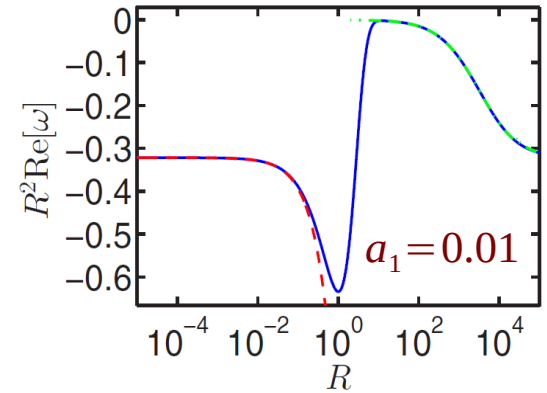
$$s_0 = [C^2 M/2m - (l+1/2)^2]^{1/2}$$



$$-C^2 \approx -0.32$$

$$(C = e^{-C})$$

$e^{2z}\omega(e^z)$ – shape fixed by a_1



Next

Universal non-Efimovian $(N+1)$ -clusters

Scaling invariance : from 3D Efimov to 2D Pitaevskii-Rosch